

ANNUAL REPORT 2023

ABLE2
Celebrating 50 Years



Empowering people with disabilities
to build lives of meaning and joy.



**ABLE2 empowering people with
disabilities for **50** years.**

**Serving more than 250,000 people with
disabilities** and their families in our
community.

**More than 20,000 volunteers,
contributing more than 1,000,000 hours.**

**Your support empowers people with
disabilities to live fulfilling lives.**

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ABLE2 believes in an inclusive community where all people are seen as able, important, and valued.

ABLE2 is a not-for-profit charitable organization that empowers individuals with disabilities to lead fulfilling lives by supporting them with programs, services, and resources. People with disabilities face many barriers to their full participation in society, they can include stigma, discrimination, poverty, exclusion from employment, and inequities in the education, health care and legal systems.

Our Vision and Mission

ABLE2 believes in an inclusive community where all people are seen as able, important and valued. We work with partners to provide the tools, choices and connections that empower people with disabilities to build lives of meaning and joy.

ABLE2 provides direct-impact programming and services to facilitate growth, development and independence, reduce loneliness and social isolation, build skills, remove barriers and improve mental and physical health for people of all ages across the disability spectrum and their families in the Ottawa area.

Our Programs

- **Matching Program** - matching volunteers one-on-one with people living with disabilities of all ages, across the disability spectrum to build intentional relationships.
- **Build Community** - building a personal support network aimed at ensuring a safe and secure future for the person with the disability.
- **Person Directed Planning and Facilitation (PDPF)** - helping those living with disabilities to achieve their life goals by developing a plan based on their strengths, interests and abilities.
- **Fetal Alcohol Resources Program (FARP)** - providing clinical support, service navigation and resourced for children and youth with FASD/suspected FASD and their families.
- **Funding Brokerage** - supporting financial inclusion and reducing barriers to access for individuals with disabilities and families.
- **Reach Legal Services** - providing equal access to justice and human rights through a legal referral service and education series.

MESSAGE FROM THE BOARD CHAIR & EXECUTIVE DIRECTOR

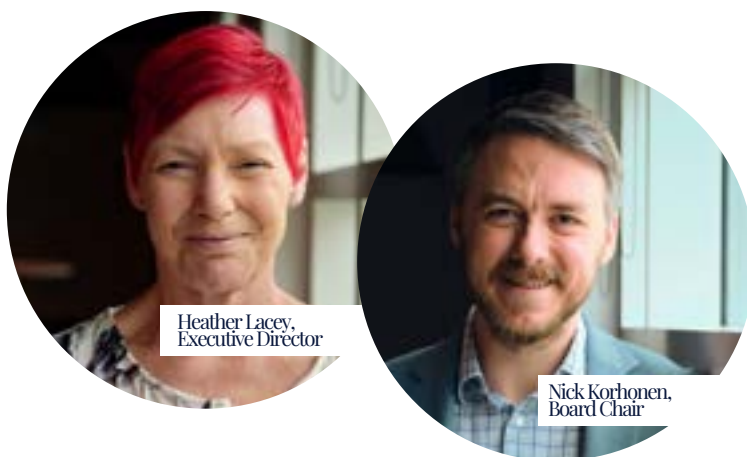
2023 was another great year for ABLE2.

The staff and board worked hard throughout the year to continue to move the organization forward, providing quality services, and enhancing current programs and services.

ABLE2 is also proud to say that we continue to build our profile in the community through our increased presence on our social media accounts.

Some of the highlights included delivering some of our key events including:

- **FASD Awareness Month** – started out with the FASD Walk on September 9th, 2023, beginning at Marion Dewar Plaza, and ending the day with the raising of the flag at Ottawa City Hall. Over the rest of the month key webinars were delivered to the community.
- **Annual Picnic** – this year was held September 17, 2023, at Andrew Hayden Park, our DJ was back, and the day included games, prizes, and a few songs by some of our attendees
- **FASD Symposium** – was held January 24th, 2023, a day-long virtual conference; it brought together experts, professionals across sectors,



Heather Lacey,
Executive Director

Nick Korhonen,
Board Chair

people with lived experience and their families and caregivers to attend online sessions on topics including education, justice, navigating systems, sharing innovative ideas and new research.

- **Annual Holiday Dinner and Dance** – held on December 10th, 2023 at the Hellenic Centre, once again we were serenaded by some of our attendees.
- **Evening in The Maritimes** – was held May 11th, 2023. There were 539 participants. The evening was fun and exciting, the silent and live auctions, and sea creature sweepstakes were a success. It was clear that people that participated were happy to be networking with others in the room and supporting a great cause.

In addition, ABLE2 worked with Reach Canada to deliver the Reach Beyond Event, held on September 28th, 2023, at Bayview Yards. This event celebrated the merger of Reach and ABLE2, raised funds for the legal referral program and honored the contributions of Reach to the community over the last 42 years.



MESSAGE FROM THE BOARD CHAIR & EXECUTIVE DIRECTOR (con'td)

ABLE2 engaged in several key projects that will have an impact on the future growth of the organization.

The Red Cross provided a large grant to ABLE2 to further build its volunteer program, ensuring that all our processes and policies represented ABLE2's commitment to Diversity, Equity, Inclusion, Belonging (DEIB) as well as delivering the training around DEIB.

ABLE2 partnered with a PhD student from St. Paul's University to begin working on building a Social Justice Framework to incorporate into the ABLE2's operations. This work will continue into 2024.

ABLE2 developed a stand-alone Health and Safety policy and continued to update our Human Resources and other Handbook/manuals to ensure that they were reflective of ABLE2's commitment to DEIB.

In addition, we reviewed and revised all job descriptions, created a French Language Services (FLS) committee to develop an FLS policy and review our commitment and enhance our services to our Francophone community and fulfill our obligations to the Ministry of Children, Community and Social Services (MCCSS)

At the end of 2023 we were proud to have completed the integration with Reach Canada and going forward we are excited to be able to offer the Reach Legal Referral Program and educational webinars, increasing access to justice within our community.

Our programs and services continued to move forward, delivering support groups, bringing allies and friends together, supporting existing matches, assisting families to build support networks, managing funds for individuals and their families, and delivering workshops through our ABLE2 Grow series.



Once again, ABLE2 said goodbye to several staff and Board members. It is always hard to see people leave, ABLE2 is excited for them to start a new journey or another phase in their lives. As we have said before, the organization was made stronger by their commitment and valuable contributions.

Once again ABLE2 would like to thank all our funders, donors and supporters, our Allies and other volunteers, our placement students and independent contractors who believe in our vision and mission and have worked with us as we strive to fulfill our vision of a fully inclusive community, where all people are seen as able, important, and valued. As well, ABLE2 wants to thank all the staff; their commitment, compassion, dedication, care, and belief in the organisation, our vision, mission, and values, are on display everyday. Finally, ABLE2 would like to thank the Board for their participation, support, leadership, guidance, and advice, which have been invaluable in moving the organization forward to fulfill our vision.

ABLE2 is looking forward to the future, to work hard and continuing to strive to achieve the vision that we have set for ourselves. Our hope is that you will help and support us as we move along this path towards a more inclusive community where everyone is seen as able, important, and valued.

Heather Lacey
Executive Director

Nick Korhonen
Board Chair



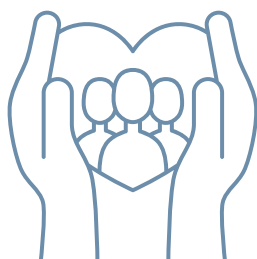
2023 IMPACT

This past year has been marked by significant milestones and achievements as we continue to enhance accessibility and inclusivity within our communities. We saw an expansion of our services to include Reach Legal Services, and we reinforced our policies and procedures to incorporate Diversity, Equity, Inclusion, & Belonging (DEIB). This strategic addition allowed us to serve the changing needs of the disability community, while strengthening ABLE2's existing programs and services.

We gained new partnerships, solidified our relationships with our donors, and embraced the challenges brought to us by the post-pandemic realities. As we reflect on the past year's accomplishments, we embrace the unwavering commitment of our partners, donors, and volunteers in joining ABLE2 in being catalysts for positive change, in broadening our reach and deepening our impact in the community. We are proud to share the impact of your support; the tangible difference your gifts have made in empowering people with disabilities and their families.

836

INDIVIDUALS SUPPORTED



through programs, events, funding supports that enabled them to find housing, find a community, and develop meaningful friendships.

57

Individuals supported in finding safe and accessible housing through the APSW Program

Individuals supported in managing their finances through the Funding Brokerage Program **17**

16

Individuals with disabilities who have established a community of support through the Build Community Program

Children and their families received support and resources through FARP **64**

282

Reach Legal Referral clients who received free legal support

Individuals supported in planning for their personal goals through the PDPF Program **11**

400+

DEDICATED VOLUNTEERS

building a more inclusive community and spending over

16,000+

HOURS

dedicated by volunteers, making a difference through the Matching program, Reach Legal Services, and ABLE2 events



164

People trained and have a better understanding of FASD

292

Participants in 21 GROW Education Sessions



190

Active Matches developed and maintained



Desormeaux family, FARP Program Users

Joey's Zoo Crew Finds Hope Through the Fetal Alcohol Resource Program

“

We knew something was up with their various early childhood milestones. They were slow to start talking and they had low reasoning skills.”

Joey lovingly calls his three kids “the Zoo Crew”. His Stittsville trio— Aidan, 12, and 7-year-old twins, Hunter and Lily - are well-known free spirits in the neighborhood and at school. Until a few years ago, Joey, a congenial 44-year-old nurse, assumed that the kids shared his own attention-deficit/hyperactivity disorder (ADHD). Certainly, they were loud, unruly, and given to emotional meltdowns.

Joey recalls, “We knew something was up with their various early childhood milestones. They were slow to start talking and they had low reasoning skills.

But they were hyper-accelerated at walking and running. At first it just seemed to be ADHD, but eventually we started thinking it could be a fetal alcohol disorder.”

Fetal alcohol spectrum disorder (FASD) is often mistaken for ADHD. So, when the children did not respond to typical treatment, their doctor referred them to the FASD team at Ottawa’s Children’s Hospital of Eastern Ontario (CHEO).

After CHEO’s “suspected” FASD diagnosis in 2022, the Desormeaux family was referred to ABLE2’s Fetal Alcohol Resource Program (FARP) and within a month received support from a social worker to help them bring order to their household.

“

Without ABLE2, people like us would be lost,”

In summer of 2023, Joey’s “crew” welcomed a new FASD support worker from ABLE2 — Donna Douglas, a child and youth counsellor with 16 client families in the Ottawa region. Her home visits focused on helping the family establish a consistent morning routine so everyone could start their day on a more positive note.

In September, Donna visited the twins’ school to provide the educators training on FASD, advocate for their needs and find support for them within their educational system. Being part of FARP, Joey’s family has consistently received support and resources, and is now better equipped in navigating life at home and in the community for their children with FASD.

Certainly, ABLE2 is a key part of the Desormeaux strategy. “Without ABLE2, people like us would be lost,” he says.



Michael finds renewed confidence and trust

Michael has struggled with agoraphobia and mental health issues over the years. He would spend weeks cooped up in his home, and would avoid any opportunity to go out in public. During the pandemic, he spent lockdowns in isolation, which did not improve his condition or mental health. In 2021, he was matched with Mike, who slowly encouraged him to step out of his comfort zone and engage in the community. In March 2024, ABLE2 was able to send Michael and Mike to an Ottawa Senators game at the Canadian Tire Centre. Being surrounded with 17,000 people, Michael was surprised that he did not have a panic attack, and was able to have a great time, thanks to his Ally, Mike.

“

Thankful for my match over 3 years; I'm getting healthier and better with each event he's taking me on. Thanks again to my match for his time to volunteer and for becoming great friend, helping me overcome agoraphobia.”

Ellijah finds a place he can call home

“

I am most thankful for the help I get from ABLE2. I am in good shape now, I have a safe and affordable housing, and I continue to get the support I need.”

When Elijah started his journey with ABLE2, he was skeptical that he would find the support he needed. He has been waiting for an affordable and accessible home for over 7 years on the Social Housing Registry. In a span of less than a year, with the help of ABLE2's Adult-Protective Services Worker (APSW), Elijah was able to receive assistance in filling out forms, find information, and ultimately securing a rental home that is geared to his income. Elijah has also been attending ABLE2's events and social gatherings with other program users, and recently volunteered to be a part of ABLE2's Anniversary Video to share his story.





MAELLE & KARLENE

MATCH STORY EXCERPT BY RICK BURNS

I was looking forward to my chat with Maelle and Karlene, a somewhat recently established friendship formed through ABLE2's matching program. We were to meet at a local Subway, a location that I understood held meaning for the pair as it was where they first met some 6 months or so ago.

As I opened the front door, after being hit with a waft of the all too familiar Subway fresh bread smell, I scanned the room. I was not sure what they looked like, but I made my best guess and mumbled in their direction "Karlene and Maelle?" Seeing their responsive smiles, I knew I found them.

My first impression: they looked natural and comfortable with each other, just two human beings sitting for a sandwich on an otherwise unremarkable late Sunday afternoon.

With introductions out of the way, I got right into it. I asked Maelle what compelled her to get involved with ABLE2. With a smile, she described her busy professional life as a high school vice principal but that she had recently taken on revised duties that gave her a bit more time and flexibility in her life.

She knew she wanted to make a difference in someone's life, and ABLE2's matching program stood out as a chance to have direct, meaningful and personal experience based on a one-on-one connection.

I asked them both what they liked to do together. Karlene chimed in first: watching movies, going for coffee / tea, and having lunch. Recognizing that it will be their first summer together as a match, she also added that she is very much looking forward to having a picnic. Maelle clarified that their friendship is very much a two-way situation. They love to laugh and talk things out, about everything and nothing at the same time - all of the small and big things that make up life. In referencing my own match, I mentioned that after a while such relationships can become just like family. Karlene nodded in agreement: "She is like my grand-daughter!".

...I asked my usual concluding question: what would you say to someone considering getting involved in ABLE2?

Karlene was quick with her response: Just go for it – you won't regret it, especially if you get a match like mine – she is a dream friend! Maelle added that even though people may seem different on the outside there are always opportunities to connect and find common ground (like pro wrestling!).

This confirmed (again) to me that differences in people are often superficial. All you need is an open heart, and to spend a bit of time shooting the breeze about the mundane, day-to-day things that make up life. What a boring world it would be if only people that were the same could be friends.

And with that, our conversation wrapped up. It my pleasure a to get to know Karlene and Maelle, and I look forward to seeing them at various ABLE2 events.



VOLUNTEERING

Volunteers are invaluable to fulfilling ABLE2's mission of creating an inclusive community where people with disabilities have opportunities to develop meaningful connections, have tools, choices and connections to pursue their goals, and be active members of the community. This year, we saw the transformative power of volunteerism in the community in ABLE2's Board and Committee Members, Matching Program, Reach Legal Services, through its events, Bingo, and in the office. Our volunteers' selflessness and generosity have been the cornerstone of our success, and ABLE2 is grateful for the time, energy, and passion they have dedicated to making a difference in the lives of those we serve.

In 2023, ABLE2 has undertaken an initiative to build a volunteer program informed by a **Diversity, Equity, Inclusion, & Belonging (DEIB)** framework, as well as developing and implementing a volunteer recruitment, retention and engagement strategy. The project is **funded through the Government of Canada's Community Services Recovery Fund**, which was a \$400 million investment from the Government of Canada to support community organization as they play a key role in addressing complex social problems faced by many communities across Canada.

The Government of Canada delivered the Community Services Recovery Fund through three National Funders- Canadian Red Cross, Community Foundations of Canada, and United Way Centraide Canada. ABLE2 is grateful to Red Cross for being our representative.

In the same year, ABLE2 organized a **Volunteer Advisory Committee** to assess current volunteer practices at ABLE2 under the lens of Diversity, Equity, Inclusion & Belonging (DEIB) and make recommendations drawing from experience and best practice. We also collected feedback and insights from volunteers, through a survey, focus group discussions and interviews. The outcomes from these efforts will strengthen our practices and volunteer manual. Thank you to the committee members and all those involved in this initiative.

We are pleased to share that in 2023, there have been **over 400 volunteers** who dedicated **more than 16,000 hours of making a difference** in the community. We are lucky to have a team of passionate individuals who share our vision of fostering an inclusive community where every individual is seen as able, important, and valued.

Thank you, volunteers!



“

It's been an amazing journey... You might go in thinking that you're going to go help someone, but actually you learn a whole lot more than offering someone else help... There's so much more to gain in this program- you have a friend you gain for life.”

- Viji, Matching Program volunteer for 20 years,
ABLE2 Board Member

“

... there is no catch - only an opportunity to do a bit of good in the world. And, you may even be surprised that it will do as much good for them as it does for you!”

- David and Mary,
Matching Program volunteers



“

I feel good about volunteering. I'm meeting lots of friends, it's good for networking, and it's adding some value in our community and society. Volunteering with ABLE2 has been a very good experience.”

- Anisur, most hours volunteered
for ABLE2 events in 2023



VOLUNTEERS





REACH IMPACT

In 2023, Reach Canada successfully amalgamated with ABLE2, and continued to provide much needed legal support and education for people with disabilities and their families. With the aid of over 200 volunteer lawyers, Paralegals, Mediators, and law students, **Reach Legal Services supported 282 individuals** in 2023, dedicating more than 2000 hours in assisting them with their legal issues.

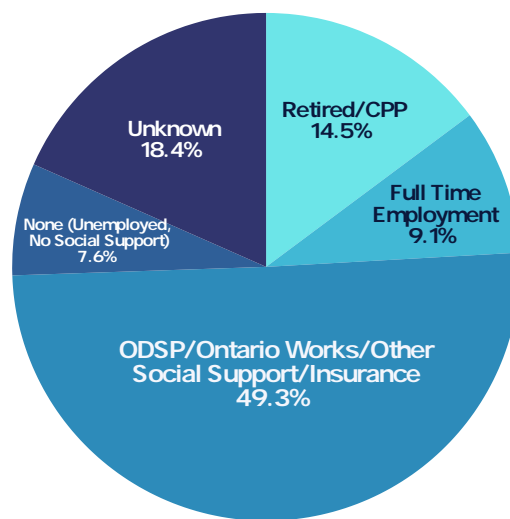
Majority of the clients were referred to Reach Legal Services through other community organizations (38%) and some found Reach through online search (11%). 49% of the clients reported living on fixed income from ODSP, Ontario Works, and other social supports. 31% of the clients had a physical disability, 30% identified to have mental health-related disabilities, and 25% had neurological disabilities. Finally, 19% of the cases were regarding Wills, Estates, Trusts & POA, followed by 13% Human Rights Law, and 12% Family Law. Majority of the Reach Legal Services clients were from the Ottawa area (63%).



282 legal referrals made in 2023



462 registrants for legal education workshops in 2023 as part of ABLE2's Grow Educational Series



Sources of Income of Reach Service Users



EVENTS



Evening in the Maritimes



Evening in the Maritimes



Lumentum Fundraiser



Annual Picnic



Annual Picnic



Ottawa Race Weekend



KBHN Conference

EVENTS



FASD Walk



FASD Walk



ABLE2 with His Excellency Al Raqhani, Ambassador of the Embassy of the United Arab Emirates



ABLE2 with Senator Chantal Petitclerc at the Senate of Canada Chambers, for International Day of Persons with Disabilities



Holiday Dinner & Dance



Holiday Dinner & Dance

Donors

- Alexa McDonald
- Allan Wille
- Angela Daniels
- Anne-Marie Bridger
- Barbara Sabourin
- Bell High School
- Borden Ladner Gervais LLP (BLG)
- Brenning Construction (1986) Ltd
- Catherine Manion Lewis
- Charlene Purchase
- Christine Peacock
- Claire McNeil
- Colleagues in Compensation
- Co-operators
- David Shleifman
- Dempster Financial Group Ltd
- Derek Hyer
- Derek Lamoureux
- Derrick Smiley
- Donald Lee
- Donna Brennan
- Dr. Claire Smith
- Dr. Edith Dietlind Gardell
- Egg Farmers of Canada
- Emma Olenick
- Emond Harnden LLP
- Frances Caron
- Gail Chapman
- Gloucester Lions Club
- Goldblatt Partners LLP
- Greg Roscoe
- Gregory Veevers
- The Harry E. Foster Charitable Foundation
- Jacinthe Faucher
- James Bickerton
- James Mullins
- Jean-Guy & Lise Nadeau
- Jeff Lee
- Jennifer Kendall-Dupont
- Jewitt McLuckie & Associates LLP
- John Bahen
- John McAdams
- Kai Stratton-White
- Kara Eusebio
- Karen Lara
- Kathleen Lee
- Kathryn Johnson
- Kevin Thompson
- Laurie Young
- LAURIN
- Linda McIntyre
- Lindsey Barr
- Lupiano Executive Search
- Mackenzie Investments
- Maggie Sardelis
- Manulife Investment Management
- Matt Dodge
- McKenzie Investments
- Meghan Maack
- Metro Richelieu Inc.
- Miss Brittany Wick
- Miss Claire Cousineau
- Miss Holly Smith
- Miss Jessica Franklin
- Miss Lucille Parizeau
- Miss Shannon Gallant
- Miss Sharon Anderson
- Miss Vijayashree Sundaram
- Mr. Adrian Raghunandan
- Mr. Bill Clelland
- Mr. Brandon Doyle-Brownrigg
- Mr. Chris Petersen
- Mr. Clifford Sosnow
- Mr. Clyde Goodlet
- Mr. Dan Paquette
- Mr. Donald Cook
- Mr. Douglas Arnold
- Mr. Gilbert Holdrinet
- Mr. Ian Calvert
- Mr. Jack Henry
- Mr. Jacques Levesque
- Mr. JD Rogers
- Mr. John Buchanan
- Mr. John Orr
- Mr. Keith Bourns
- Mr. Kevin Johnson
- Mr. Malcolm Fletcher
- Mr. Manson Fleguel
- Mr. Marc Lalonde
- Mr. Mazen Kassis
- Mr. Michael Giunta
- Mr. Michel Beauregard
- Mr. Nick Korpikoski
- Mr. Norman Wong
- Mr. Patricia Rooney
- Mr. Peter McCallum
- Mr. Peter Roorda
- Mr. Randy St Germain
- Mr. Raphael Amato
- Mr. Rick Burns
- Mr. Robert Macaulay
- Mr. Ron Warren
- Mr. Sebastian Spano
- Mr. Simon lafleur
- Mr. Thony Jean-Baptiste
- Mr. Vasuki Basavanahalli
- Mr. William Gelling
- Mrs. Beverley Arcand
- Mrs. Caroline Joseph
- Mrs. Carolyn Kipp
- Mrs. Collette Gallagher
- Mrs. Debra Roberts
- Mrs. Denise Trotter
- Mrs. Diane Julien
- Mrs. Erica Zwicker
- Mrs. Ingrid Nielsen
- Mrs. Jenna Swan-Landon
- Mrs. Judi McAlea
- Mrs. Judith Stoler
- Mrs. Karen McNeil
- Mrs. Lori Howell
- Mrs. Margaret Fietz
- Mrs. Maria Redpath
- Mrs. Maryse Cote-Singer
- Mrs. Pamela Barron
- Mrs. Rita King
- Mrs. Rochelle Handelman
- Mrs. Roxane Daoust
- Mrs. Toni Hamilton
- Ms. Beverly Ensom
- Ms. Brenda Cardillo
- Ms. Corrie Rabbe
- Ms. Diane Cloutier
- Ms. Elizabeth MacLeod
- Ms. Ella Forbes-Chilibeck
- Ms. Elspeth Ross
- Ms. Evelyn Monson
- Ms. Heather Lacey
- Ms. Jane Caskey
- Ms. Janet Meldrum
- Ms. Jennifer Bradshaw
- Ms. Kita Szpak
- Ms. Lauri Cabral
- Ms. Louise Ford
- Ms. Lynn Fuller
- Ms. Margaux Beland
- Ms. May Wu
- Nancy Garrard
- Nancy Oakley
- Nicholas Korhonen
- Northwinds
- Oweeny Magnusson
- Paula Agulnik
- Paula Speevak
- Peggy Berkowitz
- Prof. Teena Bogner
- Rebecca Clark
- Retail & Direct
- Affinity Mark
- Manulife Financial
- Rick Morris
- Richard Lee
- Robert Allen
- Robert Meredith
- Sacha Imbert
- Sakto Corporation
- Sally Rideout
- Scott MacKinnon
- Shannon Doyle
- Shannon Doyle
- Simonne Lafleur
- Sleep Country
- Sprott Social Impact Club
- Stephen Roster
- Steve Canadien
- The Artery Community Roasters
- Attain Group
- The Bloodroot Fund
- The Royal Trust Company
- Tiziana Ouellette
- Westeinde Properties Ltd.
- Yvonne Nabaa
- Bell Media
- Canadian Hearing Services
- Fisheries Council of Canada
- HostedBizz Inc.,
- Ottawa Business Journal
- Senators Community Foundation
- Retail & Direct
- Affinity Mark
- Manulife Financial
- Rick Morris
- John McAdams
- Northwind
- West Jet
- Hilton Lachlan
- Myers Automotive group
- Westin Ottawa Hotel
- Brassica
- Metropolitan
- Supply & Demand Fratelli
- Antigonish Golf club
- Barefoot bistro
- Whistler
- Cabot links Golf Course
- Château Whistler
- Claymore Inn
- Enterprise
- Fairmont Pacific Rim
- Fox Harb'r
- Gabrieau Restaurant
- Maragee Harbour
- Ottawa Senators Foundation
- Grill Vine
- River Café
- Rouge
- Via Rail
- The Westin Nova Scotia
- Stay Fit Physio
- McNally, Gowling, Goldblatt, Sakto, Raven Law
- RBC
- Jewitt McLuckie & Associates
- iHR
- Bingoland South

FUNDERS & SUPPORTERS



Funded by the Government of Canada's New Horizon for Seniors Program



Princess Warrior Charitable Fund - Ottawa Community Foundation

Harry E. Foster Charitable Foundation



Financial Statements

ABLE2: SUPPORT FOR PEOPLE WITH DISABILITIES

STATEMENT OF FINANCIAL POSITION
AS AT DECEMBER 31, 2023

	2023	2022
CURRENT ASSETS		
Cash	\$ 44,669	\$ 278,342
Short term investments (note 3)	253,831	-
Accounts receivable	93,347	48,653
Sales tax receivable	17,000	27,105
Prepaid expenses	65,746	106,027
	474,593	460,127
LONG TERM INVESTMENTS (note 3)		
INVESTMENT IN 1 COMMUNITY PLACE (note 4)	299,182	294,151
CAPITAL ASSETS (note 5)	35,043	-
	334,225	546,310
	\$ 808,818	\$ 1,006,437
CURRENT LIABILITIES		
Accounts payable	\$ 219,872	\$ 237,153
Deferred revenue (note 6)	129,963	344,741
	349,835	581,894
DEFERRED FUNDING OF CAPITAL ASSETS (note 7)	35,043	-
NET ASSETS		
Invested in capital assets	301,810	296,779
Internally restricted for contingencies (note 8)	150,000	150,000
Unrestricted	(27,870)	(22,236)
	423,940	424,543
	\$ 808,818	\$ 1,006,437

Approved on behalf of the Board:



Treasurer



President

Financial Statements

ABLE2: SUPPORT FOR PEOPLE WITH DISABILITIES

STATEMENT OF OPERATIONS
FOR THE YEAR ENDED DECEMBER 31, 2023

	2023	2022
REVENUE		
United Way of Ottawa-Carleton	\$ 55,000	\$ 57,009
Ministry of Community and Social Services		
Matching Program	199,772	199,389
Person-directed Planning and Facilitation	298,180	185,262
Other projects	3,040	7,368
Lifetime Networks	15,634	23,259
City of Ottawa	150,218	152,893
Trillium Foundation	-	129,222
Fetal Alcohol Resource Program	294,400	385,380
Family Supports	-	8,424
Person-directed Planning and Facilitation	281,227	324,765
Canadian Emergency Wage Subsidy	-	121,924
Support services for REACH (note 11)	104,374	12,000
Self Generated	987,094	719,885
	2,388,939	2,326,780
EXPENDITURE		
Lifetime Networks	28,313	47,752
Fetal Alcohol Resource Program	318,281	336,841
Family Supports	-	12,165
Person-directed Planning and Facilitation	555,265	522,586
Matching Program	337,073	413,614
Administration and operations	1,150,610	990,735
	2,389,542	2,323,693
NET REVENUE (EXPENDITURE) FOR THE YEAR	\$ (603)	\$ 3,087



ABLE2

Celebrating 50 Years

Thank you for believing
inclusivity matters!

ABLE2: Support for People with Disabilities

312 Parkdale Avenue, Ottawa, ON K1Y 4X5

613-761-9522 info@able2.org www.able2.org

Charitable Registration Number 13036 2817 RR001