



citizen advocacy
parrainage civique

2015

ANNUAL REPORT

Our Vision is of a community that welcomes and values the participation and contribution of all its citizens, including those who live with disabilities.

Our Mission is to enhance personal choice and community participation for people living with disabilities through advocacy support.

Our Guiding Principle is to focus our resources on individuals who may be vulnerable because they lack a support network or who may have difficulty accessing needed services.



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Message from the Board President and Executive Director

The past year has been a truly remarkable one at Citizen Advocacy Ottawa characterized by change, evolution and growth. In our last annual report, we indicated that in 2015 we would “focus on building on our strengths as we strive to create more match relationships, sustain the siblings support and WIMS programs and expand the Independent Facilitation and Planning Program. We also hoped to initiate a new strategy to support individuals with Fetal Alcohol Spectrum Disorder and their families”.

We are pleased to report that we achieved this and more as you will discover throughout this annual report. With a significant investment from the Ministry of Community and Social Services, Citizen Advocacy Ottawa was chosen as one of seven organizations in Ontario to deliver an enhanced program to provide Independent Facilitation and Person-Directed Planning as part of a two year demonstration project. During the course of this two year project, this investment will enable Citizen Advocacy Ottawa to develop its capacity to support the work of facilitation and planning for 325 individuals and their families throughout Ottawa, Renfrew County, the tri-counties of Stormont, Glengarry and Dundas as well as Prescott-Russell. The demonstration project was launched April 1st, and Program Lead, Andrea Podruski, was instrumental in building and skilling up a project team, receiving referrals from the local Developmental Services Ontario - Eastern Region office and linking individuals and families with Facilitators. Facilitators will assist individuals with intellectual disabilities plan for a future that is inclusive, help them achieve their goals and potential and is rooted in the community.

In September, we launched the Fetal Alcohol Resource Program with the collective support of initiative partners the Ottawa Children's Aid Society, the Children's Hospital of Eastern Ontario,

NeuroDevNet - a Canadian Network of Centres of Excellence, Queens University, and a private donor through the Community Foundation of Ottawa. This initiative will encompass three intersecting, dynamic interventions that include: education, community development and service navigation. The initiative will provide for the development and dissemination of clear and current information about Fetal Alcohol Spectrum Disorder (FASD) to professionals (including health, education, justice, law enforcement, corrections, child welfare and social services) who are in a position to support individuals affected by FASD. It will provide community development leadership to assist existing resources build their capacity to respond to and support individuals affected by FASD and their families. And, it will provide coordinated access to support services to individuals affected by FASD by: a) exploring the options of services available, b) providing information about service matches that are appropriate and as efficient as possible, c) connecting individuals to the services agreed upon, d) actively partnering to establish solid and supportive relationships, and e) track progress and/or service gaps.

The Walking in My Shoes (WIMS) program expanded its offerings with a second group running in the west end of Ottawa and the Children's Siblings Group continues to flourish and grow - both with the help of funds from the Cajole Inn Foundation and the Giant Tiger Foundation.

Fundraising and community events continue to be strong as is evident by the number of event sponsors, corporate supporters, local business support and attendees. We added a new event in the fall of 2015 to replace Murder on the Menu. The first annual In the Spotlight was successfully launched and featured an evening of arts and entertainment at the Shenkman Arts Centre, showcasing a cast of performing and visual artists with disabilities.

This new event continues to be offered in partnership with Families Matter Coop and successfully generated \$57,000 to support the work of both organizations.

Appetites for Advocacy continued a successful run in 2015 as did our participation in the Ottawa Race Weekend. And of course, our signature event Evening in the Maritimes resulted in another record year with respect to funds raised.

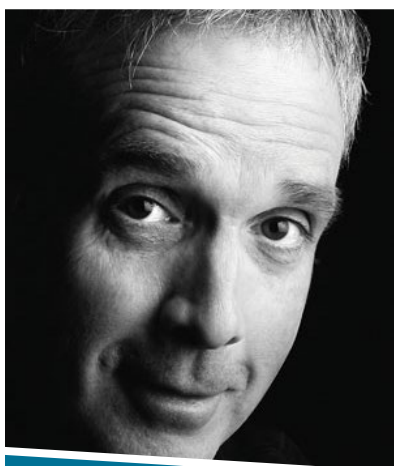
The results – through grants, donors and events, Citizen Advocacy generated \$653,000 to support the work of all programs.

Lastly, and most importantly, the work of our core matching programs continues to be strong. In 2015 we saw 475 people express an interest in Citizen Advocacy which generated 122 intentional applications and 303 people with disabilities benefitted from the support of a volunteer advocate.

All of these initiatives and successes have resulted in a record year of growth as an organization with an increase in staff of over 100%, an increase in the

number of people who are impacted by the work of Citizen Advocacy on a monthly basis and greater administrative and governance responsibility. We would like to extend our sincere appreciation to the continued support of our funders the Ministry of Community and Social Services, the City of Ottawa, the United Way, the Ontario Trillium Foundation, and numerous local business and donors identified in this report.

In 2016, the Board will be engaging in a planning exercise to identify the strategic directions of the organization for the next three year period. We will be partnering with the University of Ottawa to engage in a comprehensive evaluation of our matching programs and the Lifetime Networks Program. We will continue to work with our funders, donors, sponsors and supporters to deliver excellence in our support to people with disabilities and their families that will enhance social inclusion and generate your continued confidence in the board and staff of Citizen Advocacy Ottawa.



Mike Giunta

Chair BoD



Brian J. Tardif

Executive Director

Program Offerings



EVERYDAY CHAMPIONS
ÉTOILES DU QUOTIDIEN

Everyday Champions

Étoiles du quotidien

Everyday Champions make one-on-one matches between a volunteer advocate and a child, an adult or a senior with a disability.

Jumelages individuels à long terme entre un bénévole parrain et un enfant, un jeune, un adulte ou une personne âgée vivant avec une incapacité qui recherche une relation d'amitié.

My friend Paul and I have been getting together on a regular basis every Tuesday evening for approximately fifteen years.

We enjoy each other's company and the opportunity each week to share our respective goings on at home and work. Paul is a shawarma aficionado and over the years, I've become a devotee too. In fact, I'd estimate that we've been to at least 50 different shawarma restaurants! We also take in a movie occasionally and each year we attend Citizen Advocacy's annual picnic and the holiday party. Also on an annual basis we try to get out of town for a day in Kingston or Montreal.

It really doesn't matter whether we're talking about RRSPs, what's going on in the world of World Wrestling Federation (WWF) or how getting along with



everyone at work can be challenging at times. We like to bounce ideas off each other and just generally offer up some moral support.

Not only has our friendship stood the test of time, but we see no good reason why it can't continue for years to come.

Jeff Ickovich
Advocate



CHANCE FOR CHOICE
L'OCCASION DE CHOISIR

Chance for Choice

L'occasion de choisir

Chance for Choice matches older people with disabilities who are isolated and vulnerable with volunteer advocates in one-on-one relationships.

Jumelages entre des personnes âgées qui sont isolées et vulnérables avec des bénévoles parrains dans une relation individuelle à long terme.

Georgette and I were matched early in 2009, soon after I had moved to Ottawa from Nova Scotia. It took a little while to get to know each other but soon we were seeing each other on a regular basis. When she found out my full name of Kathleen, she asked if she could call me Kathy (like her sister) and I said sure! Now I am happy to have this special nickname, only used by her and her friends. For several years, on a regular basis, she would have me over mid-week for our favourite supper of salmon, sweet potato and broccoli (she peeled the veggies and I did the cooking). Other times, we would take the bus to the mall for some shopping and a coffee at Tim Horton's.

Over the past eight years, I have been there for Georgette through some difficult times, such as hospital stays, the death of her son Ronald and her best friend Guy, and last year, her move into a long-term care home. She has never failed to thank me and my husband for everything we do (my husband often chauffeurs us, moves furniture or fixes



Georgette's cell phone or remote control.) When I miss a phone call from Georgette, she leaves me a nice voicemail message wishing me 'Good morning' and telling me that she is thinking about me and loves me. You can tell that her gratitude is genuine and it warms my heart to think that the simple acts of kindness I bestow are making such a difference in her life.

Throughout the years, she has introduced me to many lovely people, and I have learned a lot about what Ottawa was like 'back in the day'. It is fun to look through old photos with her and imagine what her life was like as she raised her children. Georgette has become somewhat like a grandmother or aunt to me in Ottawa, which is wonderful, since my family still lives out East. She is looking forward to becoming a 'great-grandmother' this summer as my husband and I expect our first child in August.

I am grateful to Citizen Advocacy for giving me the chance to meet Georgette and I know our friendship will continue for many years to come.

Kate (Kathy) Reicker



LIFETIME NETWORKS
RÉSEAUX POUR LA VIE

Lifetime Networks

Réseaux pour la vie

Lifetime Networks aims to ensure that people with disabilities have a community of friends in their lives beyond immediate families.

Aide les familles à planifier une bonne vie pour leur être cher en créant un réseau de soutien personnel au profit de la personne vivant avec un handicap.

I first came across the support network concept back in 1980 when I went to York University and met with Judith Snow. At the time, she was in charge of assisting students with disabilities who wished to attend the University. She was the only person I'd ever met who had the same disability as I had, Spinal Muscular Atrophy, and who had

completed university as was my plan. I learned that she had established her own personal support network so that she could move out of an institution in order to pursue her educational objectives. Many years later, I once again came across the concept of a support network in a *PLAN* newsletter. I remembered Judith Snow and realized that this was exactly what I needed moving forward as a person living with a degenerative neuromuscular disorder. After university, I moved out of my family home and was living independently in an apartment complex that provided on-site personal care. Like many people living with a disability, I relied on the help of family and in particular, of my mother, to meet many of the needs that were unmet by various support services. I had witnessed on several occasions what happened to those individuals who had lost a parent on whom they had relied for so many of their needs. I was determined not to become one of those individuals. Although my mother is in excellent physical condition, I did not want to be dependent on her and I wanted her to be able to enjoy her good health so that she could pursue her own interests.

Creating a network has been a definite challenge. I am not by nature an outgoing person so having a facilitator to help bring people into the network has been a necessity. I am also a person with rather unique interests so finding people who are game enough to accompany me on my various journeys of adventure has been interesting. Not only was I looking for social companionship, I also needed help with driving and other tasks around the house. I have been fortunate enough to find people who enjoy obscure foreign films, sushi, crafting, etc., but there was always an ebb and flow of individuals as people's lives dictate their availabilities. I see the creation and maintenance of the support network as an ongoing process: as my needs and situation change, so will the demands placed upon my network. I'm not naïve enough to think that a disparate group of individuals could completely replace the loving care of a devoted parent. I do though believe that a support network is critical to my continued independence and I am grateful and relieved to have found some means of ensuring my independence even after my mother is gone.

Karyna Laroche



WALKING IN MY SHOES

Walking in My Shoes

A monthly meeting for parents of children with special needs to meet, greet and share experiences in a supportive environment.

Dans le cadre de ce programme, des parents ayant des enfants handicapés se rencontrent une fois par mois pour partager leurs expériences dans un milieu qui les soutient.

WIMS, or Walking in My Shoes, was a foreign concept to me when I first came. I was not sure of what to expect from a group of parents and caregivers providing support to one another. After all, if you can barely keep your own head above water how would it help to submerge yourself in other people's problems? I was also afraid of talking and making the problems real.

I went to my first meeting thinking it would be my last. I remember opening my mouth to speak and feeling overwhelmed with grief as we were asked to tell our names and our children's (child's) diagnoses. Both my children have autism and an intellectual disability. My daughter also has cerebral palsy, a seizure disorder, microcephaly and swallowing issues. She has been labelled a medically complex individual, someone who has proved to be an enigma to the medical community. I broke down before I could finish her diagnosis, but that was okay. It was the beginning of my quest to find solid ground.

WIMS has helped me to become a better parent and advocate for my children. I have learned from other parents and speakers how to navigate a



system which can be overwhelming. It has helped to lay a foundation for me to continue to build on. The parents have turned out to be my safe harbour in the storm.

The wealth of information you can glean from a room full of parents is infinite. We all have learned something along the way, you take what you can use and pass on what you have to give. Compassion is always key and that never lacks in WIMS.

Pamela Walsh

Children's Sibling Support Group

Le Groupe pour les jeunes frères et sœurs

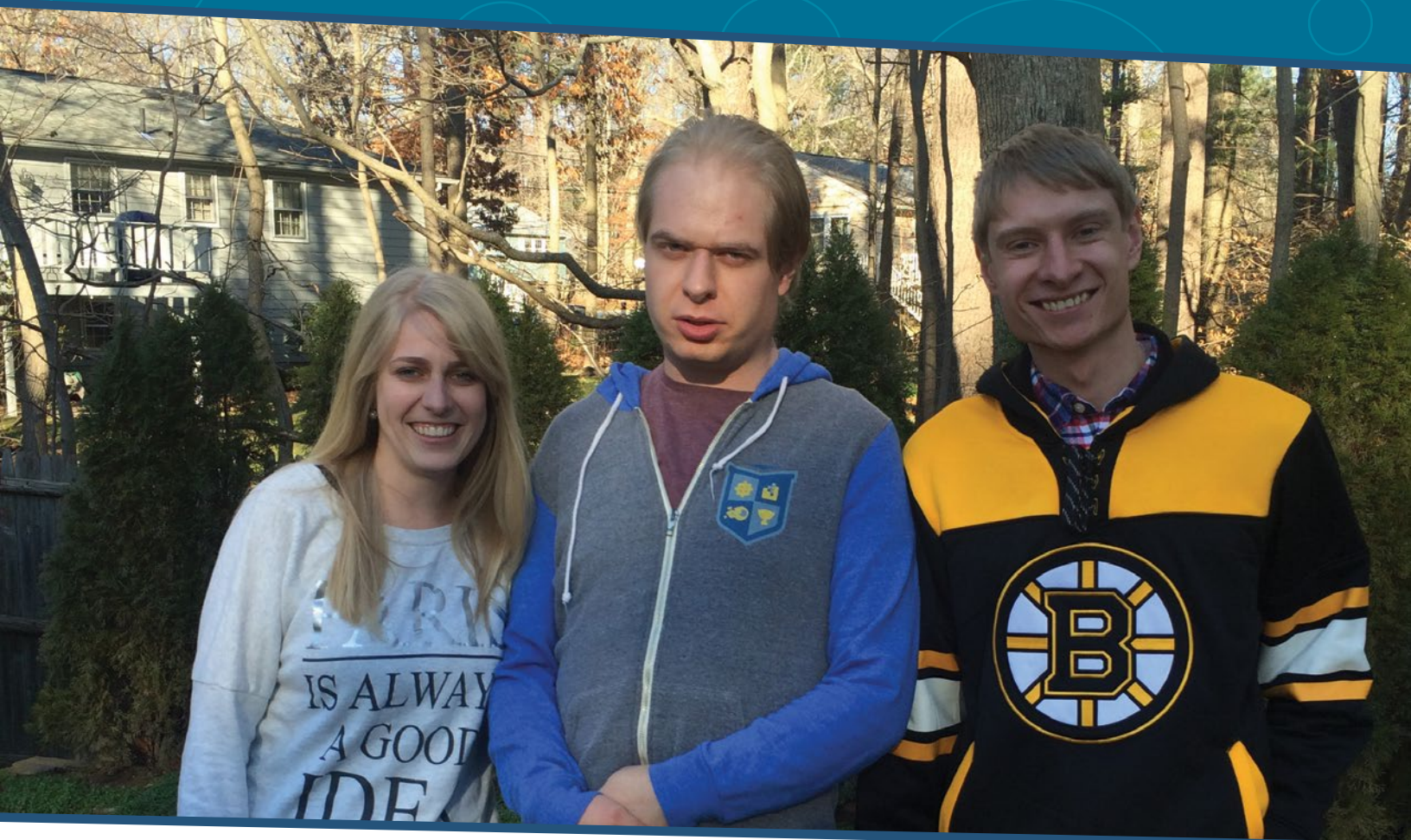
A chance to meet other children who really understand how having a sibling with a disability is unique.

Une occasion de rencontrer d'autres enfants qui comprennent ce que cela signifie d'avoir un frère ou une sœur vivant avec un handicap.

As parents, we have been relieved to find the Sibling Group at Citizen Advocacy. Our daughter has autism spectrum disorder and we realize that our son must often be confused about her behaviours and why she doesn't act like other sisters. In addition, she gets a lot of our extra time and attention simply because of the amount of appointments she must attend and the extra work we have to do at home to support her. Giving our son a safe place to meet friends who share his experiences and express his feelings has been a life saver. We are hoping that the friendships will continue so that he always has a group of friends around him that understand. The Sibling Group has given us this, and we are very grateful for its existence and the wonderful support we receive from the staff at Citizen Advocacy.

Heather Rose
Parent





Adults' Sibling Group

Groupe des frères et sœurs adultes

The Adults' Sibling Group provides a monthly meeting place for those who have siblings with disabilities.

Il s'agit de réunions mensuelles où les adultes ayant un frère ou une sœur handicapé peuvent partager les joies et les difficultés qu'ils vivent.

When I initially heard about the adult sibling group, I could not contain my excitement and relief that such a resource was being provided. Although unsure about the group format; whether or not it would be more advocacy versus support group, Citizen Advocacy did a phenomenal job at making

everyone feel welcome and starting discussions about difficult/relatable topics like introducing your romantic relationship to your family. The group brings diverse voices together and all participants are respectful; all experiences are valued and contribute to the overwhelming need for supports to exist for the siblings of people with disabilities. I would highly recommend this group to other adults who have siblings with disabilities. It is a free resource that gets people out of isolation, making connections and sharing stories with people who just get it.

Helena Towle

Independent Facilitation and Person-Directed Planning

Facilitation indépendante et planification centrée sur la personne

An opportunity for people with disabilities, with the guidance of an independent facilitator, to dream, plan and take ownership for the direction of their lives.

Une occasion pour les personnes handicapées, sous la direction d'un facilitateur indépendant, de rêver, planifier et prendre possession de la direction de leur vie.

Holly is a wonderful energetic woman and is part of the Independent Facilitation and Planning Project at Citizen Advocacy.

Initially she and her mom were concerned that planning might take a lot of time and not lead to any concrete opportunities. They decided to move forward and began dreaming and planning. Holly met with her facilitator about once a month. They got to know one another, enjoyed some meals out, tried to go bowling (bowling alley in Arnprior was closed), did some art and listened to music together. They created a one page profile.

The profile identified what people appreciate about Holly, what is important to her and how to support her well. Through this process she named many things she was interested to do. Holly used her profile when she met with someone to look for volunteer opportunities and with an employment agency.

In February, Holly received word that she would have her Passport funding increased. Because of the planning, Holly had some solid ideas about

things she wanted to do and where she wanted to do them. Today she makes jewellery or pottery one day each week, does fitness another day, works at the cafe at Y's Owl Maclure for a day and works at Tim Horton's on Edgewater each Thursday. On Friday mornings she is enjoying Zumba and pool exercises at the Kanata Wave Pool. The decisions were easier to make because she invested in planning and knew the kinds of things she wanted to explore. Holly is keeping her schedule flexible at this time as she is also connected to an employment agency that is helping her find more paid employment. Holly and her mom are very happy to have participated in the planning process. It helped Holly realize some of her dreams.



Fetal Alcohol Resource Program

Programme de ressources sur l'alcoolisme fœtal

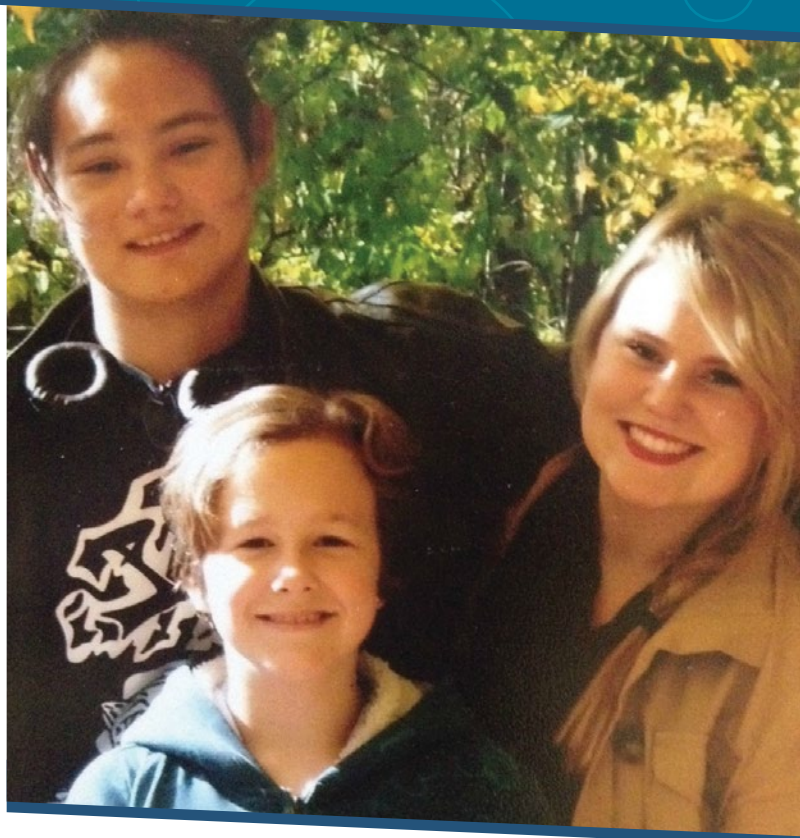
Service navigation for individuals affected by FASD and their families. Plus education and community development leadership.

Navigation de service pour les personnes atteintes de l'alcoolisme fœtal et leurs familles, en plus de l'éducation et le développement de leadership communautaire.

Brenda and Chris Boylan are raising two children affected by prenatal alcohol exposure. The Boylan family has consulted with the Fetal Alcohol Resource Program (FARP) on a variety of topics such as applying to the Ontario Disability Supports Program, finding appropriate mental health supports, opportunities to offer FASD training and ways to recognize exceptional teachers.

"We are excited about what the Fetal Alcohol Resource Program offers and their on-going efforts to educate people. It's a comfort knowing we are not alone and this organization is there to support and advocate for those affected who, sadly, are often misunderstood. It's crucial this organization continues its awareness campaign and significant work, in order for this population to succeed." said Brenda Boylan.

The Boylan's son, Isaiah, is a powerful advocate for the Ottawa FASD community, participating in frequent public speaking engagements offering his personal perspectives on living with FASD. Isaiah says "It's nice to have an organization out there to refer people to, without having to try to explain my life. We are all affected differently and it's so much easier to direct people to FARP to learn more."



Program Highlights

People matched reflect the following disabling conditions.

- Physical 25.48%
- Mental Illness 14.52%
- Developmental 22.26%
- Age Related 1.29%
- Multiple 30.64%
- Dual Diagnosis 5.81%



298 Matches

279 Advocates



**287 People Waiting
for an Advocate**

**16 Lifetime Networks
Participants**



**80 Lifetime Networks
Members**

152 Person-Directed Plans



50 WIMS Members

**76 WIMS Meeting
Participants**



**32 Children's Sibling
Group Participants**

Fundraising & Community Events

Each year the staff and volunteers work tirelessly to plan and implement countless fundraising and community events in support of Citizen Advocacy's programs and services.

Fundraising Events

- Evening in the Maritimes / Soirée dans les maritimes
- In the Spotlight
- Ottawa Race Weekend / Fin de semaine des courses Ottawa
- Bowl-a-thon
- Appetites for Advocacy
- Bottle Drive

Community Events

- Celebration of People / Célébration pour tous
- Dover Court Dances / Danses de Dovercourt
- Annual Picnic / Pique-nique annuel
- Holiday Dinner & Dance / Souper et danse du temps des Fêtes
- Volunteer Information Sessions / Séance d'information
- 100 Men who care
- Caregiver Retreat
- Beyond Graduation
- Chow Down for Charity
- Annual General Meeting
- Taste of Wellington West
- Volunteer Recruitment Fairs

Part of the Community



253 Event Volunteers

207 Local Business Supporters



3113 Event Attendees

41 Event Sponsors



41 Corporations

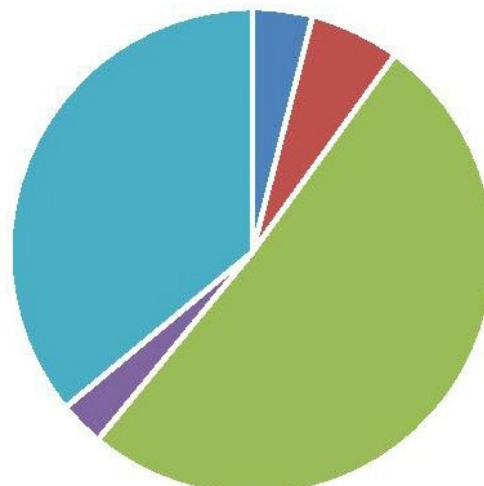
Event Revenue and Funding Breakdown

2015 Event Revenue



- Evening in the Maritimes 64%
- In the Spotlight 19%
- Ottawa Race Weekend 5%
- Other (100 Men Who Care, Bowl-A-Thon, Bottle Drive) 2%
- Appetites for Advocacy 10%

2015 Funding Breakdown



- United Way
- City of Ottawa
- MCSS
- Trillium Foundation
- Fundraising & Donations



We are sincerely grateful to Giant Tiger for their commitment and generous donation of \$75,000 in support of Citizen Advocacy Ottawa. Through this funding we are able to support our Everyday Champions, Walking in My Shoes and Children's Sibling Group programs.



Annual Picnic



Appetites for Advocacy



Caregiver Retreat



Celebration of People



Holiday Dinner & Dance



In the Spotlight



Taste of Wellington West



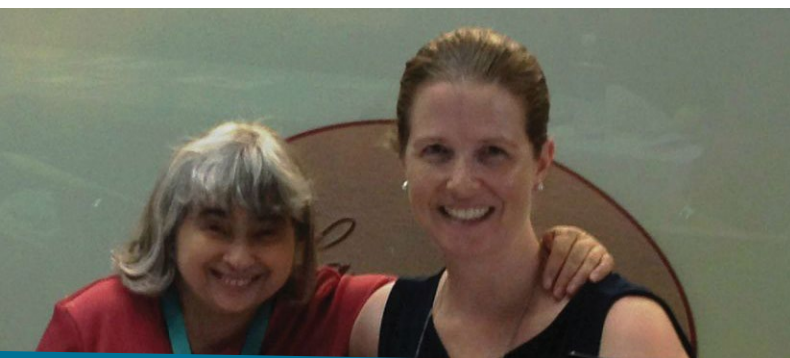
Bottle Drive



Bowl-a-Thon



Chow Down for Charity



Volunteer Recruitment Fair



Evening in the Maritimes



Ottawa Race Weekend

Citizen Advocacy Board of Directors and Committees

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Retired Social Worker

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Stephanie Emmons ******

Helen Francis ******

Rosemary Geoffroi ******

Simone Joannis

Rob Meredith *****

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Dale Rorwick ******

Elizabeth Snell (Chair)

Brian Tardif (staff)

Donna Thompson

***** joined during the year

****** resigned during the year

******* contract completed during the year

CT completed term

Children's Sibling Group Advisory Committee

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Thony Jean-Baptiste (staff)

Barb Juette

Ruth Koch-Schulte

Brenda Morris

Janet Robinson

Claudette St. Jean

Marcel St. Jean

Brian Tardif (staff)

Susan Torrie

Helena Towle

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Elspeth Ross

Barbara Sabourin

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Janet Carioni (staff)

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Chantal Krantz

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Gail Carroll, Fund Development Director

Hélène Courchesne, Facilitator *

Tanya Eichler, FASD Coordinator *

Josh Gray, Facilitator *

Kelly Howson, Lifetime Networks Coordinator *

Thony Jean-Baptiste, Program Manager

Neala Kelly, Special Events Assistant *

Siddhartha Kumar, Social Worker **

Rachel Levine-Katz, Social Worker

Steve Lind, Financial Administrator

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Tracy Stocks, Social Worker *

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Thank you to all supporters of Citizen Advocacy. Your generous contributions of time and resources help us reduce the isolation and vulnerability of people with disabilities in our community. Together, we are making great strides and making Ottawa a better place to live.

Un grand merci à tous les supporteurs du Parrainage civique. Vos généreuses contributions en matière de temps et de ressources nous aident à réduire l'isolement et la vulnérabilité des personnes handicapées de notre communauté. Ensemble, nous sommes en train de faire de grands progrès en faisant d'Ottawa un meilleur endroit pour vivre.

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Service Coordination des services
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VHA Health & Home Support
Vista Centre
Wesley Clover
WestJet

Over \$30,000

Giant Tiger

\$20,000-\$29,999

The McKay Cross Foundation
One Ocean Expeditions

\$1,000-\$4,999

2Keys Security Solutions
Cajole Inn Foundation
Jane Caskey
Community Foundation of Ottawa
Ann Cross
Export Development Canada
Jane Findley
Trudy Grealis-Sturton
Shirley Greenberg

Jerome Photography
Just Imagine Home and Garden Decor
Ruth Koch-Schulte
Mike J. Murphy
P.B. Fraser and Associates
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RBC Foundation
David Ready
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Dave Sangster
Kathleen Stephenson
Roz Tabachnick
Taggart Parkes Foundation
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Trinity Development Group
Clementine Van Veen
Via Rail Canada
Wesley Clover Foundation
Westjet

\$500-\$599

Ben Babelowsky
Michel Beauregard
Brenda Belanger
Violet Berringer
Capital Cellars
Capital Office Interiors
Bill Clelland
Delta Ottawa City Centre

Executive Golf
Maggie Fietz
Peggy Follis
Nancy Garrard
William Gelling
Bruce Good
Peter Hagen and Mary Thomson
Hilton Lac-Leamy
Marc Jolicoeur
Kanata Rims & Tires
Rani Kushwaha
Timothy Orr
Ottawa Senators Foundation
PWL Capital Inc.
Margaret Schuler
The Ottawa Hunt & Golf Club
Toronto Blue Jays

\$100-\$499

1043080 Ontario Inc.
Irving and Rosie Abella
Eleanor Abra
Absolute Comedy
Adarsan Tzedakah Foundation
Jennifer Aitken
AKA Beauty Concepts
Dennise Albrecht
Robert Allen
Raphael Amato
Roberta Anderson
Sue Anderson
Anonymous (11)

| | | | |
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| Patti Armstrong | Chapeaux de Madeleine | Archibald Jacob Freiman | Jean Hollebhone |
| Arthur Murray Studio | Rick Chapman and Liza Medek | Joan Froud | Home Depot Ottawa South |
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| Anne Aubin | Sandra Clarke | Elizabeth Anne Geehan | Ernest Thomas Houston |
| Tim Aubry | France Clermont | Kendall Gibbons | Cheryl Howlett |
| Annette Aucoin | Penny Collenette | Fiona Gilligan | Peter Humber |
| Michael Austin | Costco Wholesale Kanata | Richard Goldstein | Giovanna Iacobucci |
| Marion Bailey-Canham | Jen Coupar | Tunde Gondocz | In Balance Pilates |
| Marion Balla | Josette Couture | Ed and Lorraine Gorn | Stephen Inglis and Erica Claus |
| Cynthia Baxter | Paul Couvrette | Lynn Graham | Caroline Iwasaki |
| Harry Beatty | Warren Creates | Great Canadian Theatre Company | Alan Jensen |
| Mauril Bélanger | Louise Crone | Greater Ottawa Realty Inc | John and Simone Joannis |
| Diane Benson | Ronald Crook | Richard Green | Kate Johnson |
| Marie Bertrand | Nicole Crowder | Lawrence Greenspon | Mary Joy |
| David Bertschi | Mark Curfoot-Mollington | Greyhawk Golf Club | Jim and Valerie Judd |
| Julie Best | Susannah Dalfen | Colin Griffiths | Judy McGrath Landscape Photography |
| Anna Bilsky | Vincent and Mary Jane Daluz | Owen Griffiths | Regina Jurjonas |
| Graham Charles Bird | Deborah Danoff | Juliet Guichon | Bruce Jutzi |
| Joanne Bocking | Chitrabhanu Dasgupta | François Guimont | Eric Kalbfleisch |
| Cheryl Bourgeois | Than Myint Daw | René Guindon | Reg Gatenby and Katherine Miller |
| Denise Bourque | Annette De Stecher | Susan Haigh | Derrick Keefe |
| Gwen Boyles | Pierre Deblois and Deborah Spurr | Ava Hammond | Ferry de Kerckhove and Louise Cote |
| Margaret Bradley | André Demers | Steve Harding | Elizabeth and Rudy Kerklaan |
| André Brantz | Joan Denault | Eugene Haslam | Stephen and Margot Kidd |
| David Brown and Margaret Ford | Walter Di Cesare | George and Donna Haynal | F. Joseph Koch-Schulte |
| Dawn Brown | Linda Dicaire | HBS Marketing | Kimme Renée Krueger |
| Elizabeth Brown | Lawrence and Margaret Dickenson | Chris Heard | Kelly Kubrick |
| Todd Brown | Betty Dolan | Elizabeth Heatherington | Neena Kushwaha |
| Harvey and Molly Bruce | Allan and Marilyn Dolenko | Paul Heinbecker | Patrick and Vera Lafferty |
| Meri Bukowskyj | Cathy Duchesne | Pamela Heneault | Mike and Cathy Lalonde |
| Ron Burke | Karen Dufton | Anne Hennessy | Lisa Lange |
| Burke's Boot Camp | Ron and Wendy Duross | Victoria Henry | Marvin Larsen |
| Steve and Diane Burton | Jane Evans | Pierre Héroux | David Lauder |
| Oswald and Florence Butler | Chris Faulkner | Norah Hewson | Claude and Suzanne Laverdure |
| Noelle Caloren | FCI | Heather Hickling | Nancy Lawand |
| Calvin Klein | Fernandino | Seaward Higdon | Richard Lee |
| Glenn Campbell | Fettucine's | Suzanne Hill Brooks | Louise A. Lefort |
| Carlyle Design Associates Ltd. | S. Jeannette Filleter | Katherine Hobbs | |
| Frances and Paul Caron | | | |

| | | | |
|--|---|---|---|
| Cedrick Lelievre | David Mitchell and Shari Graydon | Meagan Perks | Peter Simpson |
| Claude Leost | Dixon Mitchell | Perseverance Taekwon-do | Sleep Country |
| Les Fougères | Rob and Debra Mitchell | Petit Bill's Bistro | Peter Sloan |
| Johanne Levesque | Rupal Mody | Tracy Pickett | Snell House Foods |
| Stuart Levine | Ruth Mohammed | Rosa Pietrantonio | Sojourn Alley |
| Gavin Liddy | Evelyn Monson | David Pigott | Zoltan Somogyi |
| Linda Frum & Howard Sokolowski Charitable Foundation | Lynette Monteiro | George Pike | Sophia Esthetic |
| David & Mary Lindsay | Kate Montgomery | Kim Pilkington | Lazaro Sternic |
| Long and McQuade | Charles Moore | Renato Pontello | Bob Stevenson |
| Lord Elgin Hotel | Sean Moore | David and Kate Preston | Barbara Stewart |
| Sandra Lowenstein | David Sweanor and Linda Huehn | Psychic Medium Jennifer Hall | Anne Strang |
| Lori MacDonald | MSGR. Paul Baxter Memorial Foundation | Dominique Racine | Lori Streefkerk |
| Sheryl MacDonald | Paul Muirhead | Randall's | TD Bank Group |
| Brian Malcolmson | Jim and Ginette Munson | John Read | The Melbourne Group |
| Julie Maloney | Maryanne Murphy | Christine Reissmann | The Ottawa Hospital |
| Justin Maloney and Gail Carroll | Mike Murphy | Helen Ries | The Ottawa Hospital Emergency Physicians Associates |
| Marcomm Inc. | Patricia Murray | John and Donna Rietschlin | Chris Tokarchuk |
| Jack Marcovitch and Susan Livergant | Rob and Joanne Nelson | Joanne Rinholm | Melody Tomka |
| Suzanne Massie Manchevesky | William Newlands | Nora Ritchie | Julie Tubman |
| Masters n' Dogs | Elaine Nickerson | Colin Robertson and Maureen Boyd | Turn, Turn, Turn |
| Ann Matthews | Joan Norgren | Jeffery Robertson | Heather Turner |
| Judith Maxwell | Vila Nova and Alice Carvalho | Linda Robertson | Vanguard Law Group LP |
| Maz Karimjee - Royal LePage | Mark and Helen Nowell | John & Janet Robinson | Kristi Varangu |
| Nora McBean | Mark and Janice O'Neill | Dorn Roche | Leslie Wake |
| Boyd McBride | Jennifer O'Donouhue | David Rodier | Natalie Wall |
| Melissa McCallum | Peter O'Leary | Chris and Elspeth Ross | WANT Les Essentiels de la Vie |
| Peter McCallum | Craig Oliver | Margo Roston | WarmWishesGifts.ca |
| Graham McDonald | Mark and Janice O'Neill | Henri and Lori Rothschild | Deborah Watkins |
| Sheldon McDonald | Martin Osmond and Janet Nuth | Royal Canadian Mint | George Weber |
| McGee's Inn | Ottawa Citizen | Joanne Roy-Aubrey | Wellington Village Massage Therapy |
| Barbara McInnes | Ottawa Cycling Tours | Patsy Royer | Bob Wener and Lynne Oreck-Wener |
| Glenn McInnes | Ottawa Little Theatre | Ian Sadinsky | Westeinde Capital Corporation |
| Barry McKenna | Ottawa West Nepean Provincial Liberal Association | Lisa Sadler | Westend FamilyCare Clinic |
| John McQuarrie | Paul Pageau | Safari Plumbing Inc | Greg Weston |
| Robert & Janet Meldrum | Konstantina Papis | Saunders Farm | Brad White |
| Merivale Fish Market & Seafood Grill | Martin Parker | Chris Schmitt | Wild Willy's Plants & Flowers |
| Wojtek and Margaret Mikhalowski | Patricia Parker | Margery Schrie | Philip Winkelaar |
| Millie Mirsky | Jay and Tara Parsons | Scrivens Insurance and Investment Solutions | Sandi Witherspoon |
| | Charitra Patil | Keith Shea | Jason Won |
| | Joyce F. Pedley | Pam Sheehan | Norman Wong |
| | | Barbara Sigler | |

Trevor Woodside
James Wright and Donna Thomson
Ken Wright
Robert Wright and Carol Smith-Wright
May Wu
Keith and Kathy Yach
Janet Yale
Ying Yang
Yogatown
Yuk Yuk's Comedy Club
Yi Zheng

\$25-\$99

Bruce Amos
Daniel Anderson
Veronica Anderson
Anonymous (11)
Back Lane Café
John and Maria Barker
Helen Barrette
Guy Beaumier
Rosalind Bell
Beyond the Pale Brewery
Boston Pizza Orleans
Karen Boulanger
Keith Bourns
Brew Donkey
Bridgehead Coffee Shop
Nancy Brodie
Allison Brooks
Grace Brooks
Karolina Burghardt
Brett Cameron
Casey's Grill & Bar
Cherry Blossom Studio
City of Ottawa, Mayor's Office
Claustrophobia Game
Kevin Clinton
Color Me Mine
Carl Conboy
Cosmic Adventures
Costco Wholesale Gloucester

Crazy Horse
Olivier Dagenais
D'Arcy McGee's Kanata
David's Tea
Janet Davies
S. Desjardins
Wilma Di Gaetano
Bill Dolan
Richard and Fran Duchesne
Elgin Street Diner
Escape Manor
Flock
Roslyn Frankl
Furrific
Candy Gaudet
Joan Gee
Louise Gendron
Sandra Gillis
Clyde Goodlet
Corey Goss
James Graham and June Cameron
Ellie Greenberg
Greenspon, Brown & Associates
Jacques Guilbert
Merle Haltrecht-Matte
Andy Hamilton
Sally Hansen
Jennifer Harris
Dom and Ruth Herrick
Robin and Louise Higham
MacHiltz
Hintonburger
Home Depot Barrhaven
Home Depot Gloucester
Home Depot Kanata
Home Depot Orleans
Peter Hyland and Jennifer Johnson
JBR Plumbing
Kevin Johnson
Kanata Theatre
Sue Kavanagh

Keg Manor
Kent Massage Therapy & Wellness Centre
Sylvia Kershman
Kichesippi Beer
Carolyn Kipp
James and Catherine Kissick
Martina Laflamme
William Laham
Tom Lauder
Don and Myrna Law-West
Maggie LeMay
Chuck Letourneau
Michael Leverington
Lorraine Levesque
Nicole Levesque
Little Turkish Village Dinning Lounge
LOAM Clay Studio
Lone Star St. Laurent
Meghan Maack
Donna-Fay Mailhot
Valerie Mansfield
Gary Maxwell
Gail McDonald
Mel and Elanor McDougall
Patrick McGarry
Doug McKenzie
Jean McKibbin
Jocelyne Meinert
Mill St. Brew Pub
Kyoko Morikawa
C Donald and Jacqueline Murphy
Bryan and Geri Murray
Napoli's Pizza and Pasta
Ross and Sue Noble
Odyssey Theatre
Chris Pella
Aline Pfennick
Emily Pietrkiewicz
John and Sharon Platts
Charles Pope Jr

Dianne Pritchard
Jon Purcell
Pure Yoga Ottawa
J Michael Quigley
RARE Restaurant & Bar
Doris Rauch
Frank Reid
Colleen Richards
Betsy Rigal
Rinaldo's
Rockport Cruises
RONA
Deborah Rowe
Vernon Roy and Iris Slaney
Scentsy Wickless Candles & Fragrance - Jessica Maynard
Terri Semanyk
Shaughnessy Heights United Church
Supperworks Kanata
Supperworks Orleans
Ingeborg Szelzki
Charlotte Taylor
Linda Tenenbaum
The Wine Station
Diana Thompson
Judith Tomlin
Albert Treichel
Catriona Watson
Catherine Wensley
Margo Williams
Lorne Wlesenfeld
John Yakabuski
Bonnie Yarish

Financial Statements

CITIZEN ADVOCACY

STATEMENT OF FINANCIAL POSITION AS AT DECEMBER 31, 2015

| | 2015 | 2014 |
|--|------------|------------|
| CURRENT ASSETS | | |
| Cash | \$ 41,579 | \$ 52,252 |
| Short term investments (note 4) | 188,008 | 192,302 |
| Accounts receivable | 44,144 | 19,914 |
| Sales tax receivable | 18,435 | 41,545 |
| Prepaid expenses | 5,134 | 6,912 |
| | 297,300 | 312,925 |
| LONG TERM INVESTMENTS (note 4) | 310,918 | 101,125 |
| INVESTMENT IN 1 COMMUNITY PLACE (note 5) | 273,237 | 266,685 |
| CAPITAL ASSETS (note 6) | 59,088 | 22,400 |
| | 643,243 | 390,210 |
| | \$ 940,543 | \$ 703,135 |
| CURRENT LIABILITIES | | |
| Accounts payable | \$ 74,113 | \$ 80,986 |
| Deferred revenue (note 7) | 276,777 | 106,311 |
| | 350,890 | 187,297 |
| DEFERRED FUNDING OF CAPITAL ASSETS (note 8) | 52,671 | 30,570 |
| NET ASSETS | | |
| Invested in capital assets | 292,952 | 271,814 |
| Internally restricted for contingencies (note 9) | 150,000 | 60,000 |
| Unrestricted | 94,030 | 153,454 |
| | 536,982 | 485,268 |
| | \$ 940,543 | \$ 703,135 |

Approved on behalf of the Board:


 _____ Treasurer

 _____ President

CITIZEN ADVOCACY

STATEMENT OF OPERATIONS FOR THE YEAR ENDED DECEMBER 31, 2015

| | 2015 | 2014 |
|---|------------------|-------------------|
| REVENUE | | |
| United Way of Ottawa-Carleton | \$ 77,560 | \$ 76,894 |
| Ministry of Community and Social Services | | |
| Core activity funding | 218,071 | 311,184 |
| Other projects | 199,354 | 79,554 |
| Independent Facilitation Demonstration Project (note 2) | 1,928,383 | |
| Independent Facilitation and Planning | 15,991 | 1,784 |
| Lifetime Networks | 28,802 | 60,391 |
| City of Ottawa | 96,302 | 94,879 |
| Trillium Foundation | 45,300 | 49,800 |
| Fetal Alcohol Resource Program | 32,708 | - |
| Family Supports | 32,583 | 24,198 |
| Self generated | 556,587 | 494,749 |
| | 3,231,641 | 1,193,433 |
| EXPENDITURE | | |
| Fund development | 246,710 | 263,935 |
| Community relations / marketing | 46,940 | 19,653 |
| Independent Facilitation and Planning | 90,402 | 39,554 |
| Independent Facilitation Demonstration Project (note 2) | 1,928,383 | - |
| Lifetime Networks | 58,292 | 97,817 |
| Community Partnerships | 180,395 | 148,576 |
| Fetal Alcohol Resource Program | 32,708 | - |
| Family Supports | 32,583 | 19,048 |
| Matching Program | 563,514 | 612,574 |
| | 3,179,927 | 1,201,157 |
| NET REVENUE (EXPENDITURE) FOR THE YEAR | \$ 51,714 | \$ (7,724) |



Citizen Advocacy of Ottawa
312 Parkdale Avenue
Ottawa ON, K1Y 4X5

www.citizenadvocacy.org
info@citizenadvocacy.org
Tel: 613-761-9522
TTY: 613-725-6175

Charitable Registration Number: 13036 2817 RR0001



EVERYDAY CHAMPIONS
ÉTOILES DU QUOTIDIEN



CHANCE FOR CHOICE
L'OCCASION DE CHOISIR



LIFETIME NETWORKS
RÉSEAUX POUR LA VIE



WALKING IN MY SHOES



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